

MORNING TEA – HUMPTY DOO & RURAL AREA GOLF COURSE



The Humpty Doo & Rural Area Golf Course (HDGC) came on board as a sponsor to provide a regular seniors' event - Morning Tea, delivered on the 1st Wednesday of each month in the Litchfield Council region.

Did you know the PLSA has 69 financial members from the Litchfield Council region or 40.35% of total membership.

Unfortunately, this event, especially set up at the time, at the request of Litchfield Members does not seem to attract many Litchfield Members. In fact, on Wednesday 7 September 2022 there were on 25 people at Morning Tea, of which nearly 50% came down from Palmerston to morning Tea.

The dates for the forthcoming Morning Teas at Humpty Doo & Rural Area Golf Course are as follows:

Wednesday - 5th October (10.00am – 12.00 noon)

Wednesday – 2nd November 10.00am – 12.00 noon)

Wednesday – 7th December 10.00am – 12.00 noon

Each Morning Tea, the PLSA conducts a raffle and there is a guarantee of 7 prizes, totally approximately \$140.00 in value.

These prizes are donated by:

- a) Electorate of Nelson (Gerard Maley) – 2 x \$15 Bakery Vouchers – Howard Springs Bakery
- b) Specsavers Oasis – 1 x \$25.00 gift voucher
- c) HDGC – 3 x \$20 gift vouchers
- d) Jacks Barbers – 1 x \$25 gift voucher

We would encourage **ALL Litchfield Members** in particular to frequent this morning tea, have a great morning tea and perhaps take home a gift voucher.

It is unfortunate that the attendance by Litchfield Members is so low, especially as the event was set up originally at Litchfield Members' request.

If attendance continues to remain so low, come December 2022, the PLSA may need to review whether this event is viable or not. Present indicators, with the exception of Seniors Fortnight Registration held at the HDGC in July this year, would support that Litchfield Members don't see the merit of this event and really do not want this event to continue.

If you would like to see Morning Tea at HDGC continue beyond 2022, come along, enjoy yourself one morning a month and support the HDGC and the PLSA.

PLSA ANNUAL GENERAL MEETING

The AGM of the PLSA is being held on Friday 23 September 2022 at the Recreation Centre, Palmerston, starting at 1.00pm.

All positions will be declared vacant, and we are looking for nominations for the following positions:

Management Team

- a) President
- b) Vice President
- c) Secretary
- d) Assistant Secretary (General Committee Position)
- e) Treasurer
- f) Public Officer

General Committee

There are 10 positions available for the General Committee.

The PLSA policy allocates:

- a) 5 nominations overall from the Litchfield Council region on the General Committee
- b) 10 nominations overall from Palmerston Council region on the General Committee

The PLSA preference is to have the President or Vice President to be nominated from the Litchfield Council region.

Currently the workload is disproportionate as there are only 2 Committee Members from the Litchfield Council region.

If you would like to join the General Committee, nomination forms or further information regarding the AGM, is available from the Public Officer, Neville Driver by emailing: publicofficer@plsa.com.au or by telephoning 0455 660 026.

The AGM will be followed by a General Committee Meeting, commencing at approximately 1.45pm.

MORNING TEAS - ATTENDANCE

Did you know, that you do not need to be a Member of the PLSA in order to attend Morning Tea at Cazalys or the Humpty Doo & Rural Area Golf Club!

The Morning Tea events are for all seniors to attend whether you live in Jabiru, Palmerston, Darwin, Litchfield regions or elsewhere. Members in particular are encouraged to bring along a friend.

ALL SENIORS ARE WELCOME TO ATTEND THE MORNING TEAS

Our Association and the Committee welcome all seniors to attend our lovely Morning Teas. Check out the dates and times on Page 1 and 2 of this Newsletter.



MORNING TEA MEMORIAL – QUEEN ELIZABETH II

Whilst we are talking about Morning Tea, please be aware that **Thursday 22 September** will be a public holiday, however we will; still be delivering a Morning Tea and Bingo on this day **AT Cazalys Palmerston Club**.

We will also be observing one minutes silence, due to the passing of Queen Elizabeth II.



**Taminmin
Community Library**

Seniors Morning Tea



10:30am – 12:00pm
70 Challoner Cct., HumptyDoo(08)
89 881200

**Morning Tea the 2nd Friday
each month**



Specials for Seniors Only

TRADING HOURS:
Monday-Thursday: 9am-5pm

Friday: 9am-6pm

Saturday: 9am-4pm

Sundays & Public Holidays:



IN CASE OF EMERGENCY CARDS

PLSA has In Case Of Emergency cards printed to be distributed to our members. Another way to keep you safe wherever you are. Just put your details on the back of the card and keep it with you at all times.

COMMENTS/MEDICATION	IN AN EMERGENCY	M EDICAL CARD
	NAME _____ PHONE _____  Phone: 8984 1500  Phone: 8944 6244	 <small>Plumpton and District Seniors Association Inc.</small> The information contained in this medical card is the sole responsibility of the individual whose name appears on this card. This card should be carried by the individual at all times.





Gateway Event Cinemas

Event Cinema – Morning Tea and Movie

If you check PLSA.com.au you will see that we have established 5 morning tea and movie sessions at Event Cinemas this year.

The next morning tea and movie is Monday 17th October, commencing at 10am for morning tea, followed by the movie.

We will shortly be taking bookings for this event.

Catch up with Sheryl at Morning Tea.

We need 50 people attending to secure the Vmax Cinema. In 2022 the PLSA has lowered the Members Fee to \$5.00 per head, whilst Non-Members are required to pay \$15.00 per head.

So bring a friend, come along and enjoy the Morning Tea and Movie



PALMERSTON VOLUNTEER DRIVING PROGRAM (PVDP)

Do you have some spare time?

Do you have a Driver's licence?

Do you have a registered, insured and reliable motor vehicle?

Do you have a mobile phone?

If you answered YES to these questions.

The Palmerston Volunteer Driver Program needs MORE drivers, especially in the Rural area,

To drive Seniors to medical and hospital appointments, wait for them and then drive them home again.

If you can help, please phone

Sheryl Sephton on 0439 342 400





It's hard to believe that the end of the year is approaching, however, the dry season has been absolutely amazing this year with lots of cool weather. Council was very please to offer our usual dry season activities to the community again, and I hope that you all have made the most of what City of Palmerston had to offer.

Events and Activities

Paws, Parks and Ponds Walking Group will continue every fortnight into December. This is a social activity and there is not requirement to have a dog to participate. So, if you would like to go for a walk around one of our many wonderful neighbourhoods with our friendly rangers and meet new friends, the next walk commences at Gray Shops, 28 September, at 5:30pm. The complete list of walks is available at Council's website.

Ghostly Gatherings will again be on at Event Cinemas, Gateway on 29 and 30 October, to celebrate Halloween. This is a fantastic weekend of games and activities for young and old.

Keep an eye out for information on events for International Men's Day at the Recreation Centre and International Games Month in November with activities planned in the library and Palmerston CBD.

Rates

It is unfortunately that time of year again when councils everywhere in the NT send out their rates notices and dog registration renewals. We understand that finances can be tough at times, particularly when unexpected bills pop up. City of Palmerston offer a range of options for residents experiencing financial hardship and these are open for all residents to apply.

Council staff will be providing PLSA members with information on our Financial Hardship policies at the PLSA meeting at Cazalys on 13 October. Our finance team and rates officers will be available to answer any questions that you may have, so please feel free to approach them.

Seniors Fortnight

I was fortunate to attend a few events during Senior's Fortnight and had a great time, so much so, that I was disappointed that I am not old enough to join PLSA yet. It was fantastic to see so many of you having a great time at the events, and I have to extend a big thankyou to the PLSA committee for their hard work organising all the activities again this year. I have also donated the prize I won at the Closing Ceremony to Gray Community Hall for community use, which was a serving board and bowls.

Free Tree Giveaways

City of Palmerston is offering residents 2 free native plants and an opportunity to win a compost bin at the last Friday night market each month. Come and see the elected members of Council on 30 September and 28 October at the City of Palmerston stall to pick up your free plants, just in time for planting before the wet season. If you are like me, there's always room for one more plant!

Library Services

Don't forget, Council has a range of other activities and services available year-round at the library, including home services for residents who are not able to access the library, internet access and mobile printing, and a Justice of the Peace service on Fridays from 10:30am to 2pm.

Mayor Athina Pascoe-Bell





Palmerston and Litchfield Seniors

Eva Lawler – Member for Drysdale

It's already September and I am thrilled with the progress of things in the region for 2022.

We have just come to the close of our seniors month, and Litchfield Council supported the Palmerston and Litchfield Seniors Association with \$7500 towards the seniors fortnight program.

It is so important to keep nurturing these seniors' events to keep our community connected and active and contribute long-term to overall physical and mental health for years to come.

We look forward to continuing to nurture these events in the coming years and seeing the benefits of these events to all sectors of the community, including local business' that have had a positive flow on effect from these events.

Recently we have had the ABC in the Taminmin Library filming for their next season of programming titled "Old People's Home For Teenagers" and the episode will be aired later in the year on ABC iView, and explores the intergenerational programming in the Library that brings teenagers and seniors together in a fun and relaxed environment. We look forward to watching our community on the small screen and hope you enjoy it too.

We invite you to keep up to date with our community programs by visiting the Taminmin Library Facebook page for programs and information sessions to help you thrive in the region.

Well until next time, stay safe.

Hello Seniors

As another highly successful Palmerston and Litchfield Seniors fortnight ends, I acknowledge and thank the amazing, hard working committee for delivering such a wonderful fortnight of fun for seniors in our community. I hope everyone enjoyed themselves and got to attend one or more or all of the wide range of events. I attended the closing lunch at the Humpty Doo Village Green on what was a beautiful day. It was lovely to see everyone enjoying the lunch, catching up with friends, listening to the band and hopefully winning a raffle or two.

The 1st August 2022 was a monumental day in the Territory's history with the Members of the House of Representatives for the NT and ACT (the two Territories) introducing and then the passing of the Territory Rights Reform Bill in the House by 99 votes to 37. Many of us have been waiting for over 25 years for this day. This Bill will now go to the Senate for hopefully the passage of this Bill in early September. This Bill will then give the Territory the rights to decide for ourselves on important issues such as a Voluntary Assisted Dying Bill. I firmly believe we should all have the choice on how we depart this world and we have seen Voluntary Assisted Dying Bills passed in other States across Australia. I believe it's about time the Territory had the same rights as other Australians.

I'm at the Palmerston Markets on a Friday evening or you can call my office on tel: 8999 5397 to organise a meeting or call in to my office at Gateway Shopping Centre.



The last three months have flown by, and I thank those people who have reached out regarding community issues.

Recently construction commenced on the new shopping complex in Johnston on the corner of Farrar Boulevard and Lind Road. This is an exciting time for the Johnston Community with the complex confirmed to have a Café/Restaurant, Medical Centre and Mini-Mart. There will also be space for three other tenancies. What do you think should go in here?

I was lucky to be invited onsite when the concrete was poured for the slab. This now will sit to cure for two weeks before block work will commence. I am also pleased to report that earthworks have finished, so the dust should decrease. The Builders have also installed sprinklers to help with dust mitigation.



I am continuing my BBQ Breakfasts and Pizza in the Park evenings, so please come down for a chat or raise your concerns. Don't forget my office is always contactable on 8999 6674 or email electorate.spillett@nt.gov.au or of course you can pop in to Shop 13A Zuccoli Plaza, Zuccoli.

Regards,

As we start to see the back of our beautiful dry season, I'd like to take the opportunity to thank all the hardworking volunteers of the PSLA committee. This group of exceptional members of our community go above and beyond to deliver regular activities to bring seniors of the Territory together.

The feeling of belonging certainly is a major factor to happiness and you only have to walk into Cazalys during a morning tea and know that people in the room feel like they belong.


The room is a sea of people smiling, laughing and catching up. None of this would be possible without the invaluable contribution of the PSLA committee.

Thank you and I look forward to working with the new committee after the AGM.



MAJOR SPONSORS

PLATINUM



city of
PALMERSTON 'A Place for People'

GOLD



LITCHFIELD COUNCIL
Community effort is essential



Northern Territory
Government

SILVER



PALMERSTON SHOPPING CENTRE



BUNNINGS warehouse



CAZALYS PALMERSTON CLUB



Didgeridoo Hut
+ Art Gallery



HUMPTY DOO & RURAL AREA
GOLF CLUB



Specsavers

BRONZE



OUT ON THE BLUE WITH
Arafura
Bluewater Charters
Specialists in bluewater reef and game fishing charters



TWW
TOTALLY WORKWEAR
CORPORATE / INDUSTRIAL / SAFETY



De Lago Resort
ON LARE BENNETT



Blooms
THE CHEMIST

- Woodroffe Primary School
- Event Cinemas Yarrowonga
- Palmerston Quality Meats

PLSA Web Site

Visit the site – plsa.com.au You are able to view the Newsletter and check out our Events Calendar on the Website.

The Secretary will email everyone with a Link. Simply click on the Big Green button in the email with Download on it and open the Newsletter. **If you don't get the email for the Newsletter, please email me.**

For those people without an email address, don't panic, you will continue to receive a hard copy of the Newsletter in the post. Please if you do not receive the email CALL ME.

If you have any suggestions or updates for the web site, just contact Sally Howarth, our Secretary on secretary@plsa.com.au or 0409 195 257.

PLSA Committee Members have new email addresses

President: president@plsa.com.au

Vice President: publicofficer@plsa.com.au

Public Officer: publicofficer@plsa.com.au

Secretary: secretary@plsa.com.au

Treasurer: treasurer@plsa.com.au

Assistant Secretary: assistantsecretary@plsa.com.au

Enquiries: enquiries@plsa.com.au