



PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC (PLSA). NEWSLETTER

Volume: 27

Month: November, 2022

FROM THE PRESIDENT'S DESK

Well, we have almost come to the end of another busy and fulfilling year. We held our AGM on 23 September and I am happy to announce that we have a full quota of committee people. We say goodbye and thank you to Angie Ng and Elin McCarthy and welcome Annette Brown, Gillian Marnell and Jenny Segav. Val Haydock has stepped up into the role of Vice President so our Management Team is now complete.

Unfortunately, we did not manage to recruit anyone else from the Litchfield region so Diane Spicer and Helen Lemcke remain our only representatives from that region. A big thank you to all our committee members and volunteers who helped with BBQs and lottery ticket selling.

We have another Morning Tea and Movie morning on 21 November, the film being "Mrs Harris Goes to Paris", names are being taken at the moment but you can go on that morning. Our final event is our Christmas Lunch on Thursday 08 December and we have begun taking bookings for that. Remember you **must** have been a financial member before 01 September and you **must** book in person. Our last booking will be at Cazalys Morning Tea on 24 November. The Christmas Lottery will be drawn then and there will be many door prizes and lucky numbers.

Activities will recommence in February 2023 - Humpty Doo Golf Club Morning Tea on 01 February and Cazalys on 09 February. Registrations will be due again and they are still only \$20 per person.

Finally on behalf of myself and the PLSA committee I would like to wish you all a happy festive season and look forward to your company in 2023.

Cheers,
Marg Lee - President



MORNING TEA

Our Morning Teas at **Cazalys Palmerston Club** are held on the **2nd and 4th Thursdays of the month between 10am and 12noon**. We run a raffle at each Morning Tea (tickets are either \$2 ea or 3 for \$5) and we have Bingo that is played on the 4th Thursday, free of charge.

Morning Tea dates are as follows:

Please Note: All dates for Morning Teas are on our Website - www.plsa.com.au

Thursday 24th November, 2022

Thursday 8th December 2022 –

Christmas Lunch Bookings must be made by 24th November 2022.

Thursday 8th February 2023



CONTACT DETAIL

Marg Lee President 0438 430 237
Neville Driver Public Officer 0455 660 026
Val Haydock Vice President 0417 827 563

Sheryl Sephton Treasurer 0439 342 400
Sally Howarth Secretary 0409 195 257
secretary@plsa.com.au

MORNING TEA – HUMPTY DOO & RURAL AREA GOLF COURSE



The Humpty Doo & Rural Area Golf Course (HDGC) is providing a regular seniors' event - Morning Tea, delivered on the 1st Wednesday of each month in the Litchfield Council region.

Did you know the PLSA now has 71 financial members from the Litchfield Council region.

This Morning Tea was established at the request of Litchfield Members and it was great to see attendance has picked up, with 47 people attended the November Morning Tea, up nearly 50% from October.

The dates for the forthcoming Morning Teas at Humpty Doo & Rural Area Golf Course are as follows:

Wednesday – 7th December 2022 10.00am – 12.00 noon

Wednesday – 8th February 2023 10.00am – 12.00 noon

Wednesday – 1st March 2023 10.00am – 12 noon

At each Morning Tea, the PLSA will continue to conduct a raffle and there is a guarantee of 7 prizes, totally approximately \$140.00 in value.

These prizes are donated by:

- Electorate of Nelson (Gerard Maley) – 2 x \$15 Bakery Vouchers – Howard Springs Bakery
- Specsavers Oasis – 1 x \$25.00 gift voucher
- HDGC – 3 x \$20 gift vouchers
- Jacks Barbers – 1 x \$25 gift voucher

We would encourage **ALL Litchfield Members** in particular to frequent this morning tea, enjoying a great morning tea and perhaps take home a gift voucher.

If attendance is maintained the PLSA will be able to continue delivering this event in conjunction with the HDGC. The HDGC are very keen to continue delivering the Morning Tea for Seniors.

If you would like to see Morning Tea at HDGC continue into 2023 come along, enjoy yourself one morning a month and support the HDGC and the PLSA.

MORNING TEAS - ATTENDANCE

Did you know, that you do not need to be a Member of the PLSA in order to attend Morning Tea at Cazalys or the Humpty Doo & Rural Area Golf Club!

The Morning Tea events are for all seniors to attend whether you live in Jabiru, Palmerston, Darwin, Litchfield regions or elsewhere. Members in particular are encouraged to bring along a friend.

ALL SENIORS ARE WELCOME TO ATTEND THE MORNING TEAS

Our Association and the Committee welcome all seniors to attend our lovely Morning Teas. Check out the dates and times on Page 1 and 2 of this Newsletter.



Taminmin Community Library

Seniors Morning Tea



10:30am – 12:00pm

70 Challoner Cct., HumptyDoo(08)
89 881200

Morning Tea the 2nd Friday
each month



IN CASE OF EMERGENCY CARDS

PLSA has In Case Of Emergency cards printed to be distributed to our members. Another way to keep you safe wherever you are. Just put your details on the back of the card and keep it with you at all times.

COMMENTS/MEDICATION	IN AN EMERGENCY	MEDICAL CARD
	NAME _____ PHONE _____	 <small>Palmerston Local Council Community Action Centre Inc.</small>
	 waste • recycling Phone: 8984 1500	<small>The information contained in this medical card is the sole responsibility of the individual whose name appears on this card. This card should be carried by the individual at all times.</small>
	 Phone: 8944 6244	



Specials for Seniors Only

TRADING HOURS:

Monday-Thursday: 9am-5pm

Friday: 9am-6pm

Saturday: 9am-4pm

Sundays & Public Holidays:

THANK YOU

To The Volunteer Drivers

In particular

TREVOR MILLER

From Beverley Spicer



PALMERSTON VOLUNTEER DRIVING PROGRAM (PVDP)

Do you have some spare time?

Do you have a Driver's licence?

Do you have a registered insured and reliable motor vehicle?

Do you have a mobile phone?

If you answered YES to these questions.

The Palmerston Volunteer Driver Program needs MORE drivers especially in the Rural region

To drive Seniors to medical and hospital appointments, wait for them and then drive them home again.

If you can help please phone

Sheryl Sephton on 0439 342 400





Gateway Event Cinemas

Event Cinema – Morning Tea and Movie

If you check PLSA.com.au you will see that we established 6 morning tea and movie sessions at Event Cinemas this year.

The next morning tea and movie is Monday 21st November, commencing at 10am for morning tea, followed by the movie – “Mrs Harris Goes To Paris”.

We are currently taking bookings for this event.

We need 50 people attending to secure the Vmax Cinema. In 2022 the PLSA has lowered the Members Fee to \$5.00 per head, whilst Non-Members are required to pay \$15.00 per head.

So, bring a friend, come along and enjoy the Morning Tea and Movie.

The first Morning Tea and Movie for 2023 is scheduled for Monday 20th February.



TIM'S MEDAL MOUNTING

Leanyer NT



PHONE: 0407 989 016

- **25 Years in army**
- **Current police member (Co-Owner)**
- **Understands the current dress manual's**
- **Can provide replicas**
- **Reliable and professional service**



Greetings Seniors of Palmerston and Litchfield, or should I say season's greetings as we head into the holiday season, the wet season, and the end of 2022. With the lead up to Christmas you can always rely on the excellent and varied local produce from Freds Pass and Berry Springs Markets to fill your stocking for the little ones and the not so little ones too.

In local news the *Seniors versus Students* program at the Taminmin Library continues to deliver excitement with the library team winning an award for the program at the Urban Libraries ALIA (Australian Library and Information Association) NT award for 2022.

On Friday the 25th of November the final *Seniors versus Students* program of the year is on from 10:30am. There is a Seniors Christmas Morning Tea on Friday the 9th December at 10:30am.

If you are looking for some more Christmas events Litchfield's Rural Community Carols by Candlelight will be held at Bees Creek Primary School on 26th November from 5:30pm onwards for a night of fun and singing for all.

Staying safe in the Top End also means staying cyclone safe, so make sure you keep up to date on weather warnings and home inventories over the festive season and I wish you a Merry Christmas and Happy New Year from myself, and from everyone at Litchfield Council.

See you in 2023!

Doug Barden
Mayor



“Christmas is just around the corner and I'm looking forward to supporting the Christmas cheer in our community. My office is a drop off point for Foodbank for non-perishable food and Operation Secret Santa for Aged Care who are pulling together gifts to deliver. In addition, I'll be assisting Somerville at the

Palmerston Shopping Centre will conduct gift wrapping, which is thoroughly enjoyable and all for a good cause. Please reach out if you'd like any more info about any of the Christmas activities and may you enjoy the festive season.

Warm regards”

Marie-Clare Boothby MLA
Member for Brennan



Rates

The first instalment of rates has been and gone, with the second instalment approaching fast. I hope that PLSA members received useful information from the Council rates team in October. Please remember that City of Palmerston has a range of options for assisting ratepayers who may be having trouble in paying their rates. Contact our rates team for a confidential discussion about the options that are available to you, including instalments on a weekly, fortnightly, or monthly basis, the holding of interest to allow you to get on top of the rates, and other options that may be applicable to your circumstances.

Palmerston Australia Day Awards

Do you know someone who goes above and beyond to service the Palmerston community? City of Palmerston recognises the contributions members of our community make towards a brighter and better future, keeping our vision 'A Place for People', alive.

We acknowledge and recognise the selfless efforts of individuals and groups within our community, who embrace this vision through the Palmerston Australia Day Awards.

We encourage you to make a nominate for these prestigious awards and recognise other's commitment to our community. Nominations are open until November 25th for the Young Citizen, Citizen and Community Event of the year. Details on how to nominate are on council's website.

Late nights at the Library

The library isn't just for kids! So, if you are looking to meet like-minded people head to the library fortnightly on Friday evenings from 6:30 – 7:30pm. Late Nights At The Library are hosting a range of activities for adults only and it is FREE!

Activities include origami, trivia, murder mystery, bingo, and board games. The next two sessions are on 25 November and 9 December with many more to run early next year. The full program is available on council's website.

Paws □ Parks and Ponds Walking Group

If being outdoors is more your style, there are two more Paws, Parks and Ponds Walking Group events this year, guided by our friendly rangers: 6pm on 30 November at Farrar GP Super Clinic car park and 6pm on 14 December, commencing at the Woodroffe Cricket Oval. You don't need a dog to enjoy the walk. All are welcome.

Christmas Wonderland

Christmas Wonderland is returning again this year from Saturday 17th December until Christmas Eve, from 5-9:30pm. Many of the popular attractions, such as the train, have returned, along with some new interactive elements.


The Community Christmas Light Competition will be on again also, with a shared prize pool of \$3,000 and an interactive map to make it easy to drive around to all the light displays.

Have a great Christmas and New Year! And, remember that the Councillors and I are only an email or phone call away.

Mayor Athina Pascoe-Bell



MAJOR SPONSORS



city of
PALMERSTON 'A Place for People'



LITCHFIELD COUNCIL
Community effort is essential



Northern Territory
Government



PALMERSTON
SHOPPING CENTRE



BUNNINGS
warehouse



CAZALYS
PALMERSTON CLUB




Didgeridoo
Hut
+ Art Gallery




HUMPTY DOO
& RURAL
AREA
GOLF CLUB




Specsavers




OUT ON THE BLUE WITH
Arafura
Bluewater Charters
Specialists in bluewater reef and game fishing charters




TWW
TOTALLY WORKWEAR
CORPORATE / INDUSTRIAL / SAFETY



De Lago Resort
COLLAKE BEACH



Blooms
THE CHEMIST



NEXTLEVEL
GYM

- Event Cinemas Yarrowonga
- Palmerston Quality Meats

PLSA Web Site

Visit the site – plsa.com.au You are able to view the Newsletter and check out our Events Calendar on the Website.

The Secretary will email everyone with a Link. Simply click on the Big Green button in the email with Download on it and open the Newsletter. **If you don't get the email for the Newsletter, please email me.**

For those people without an email address, don't panic, you will continue to receive a hard copy of the Newsletter in the post. Please if you do not receive the email CALL ME.

If you have any suggestions or updates for the web site, just contact Sally Howarth, our Secretary on secretary@plsa.com.au or 0409 195 257.

PLSA Committee Members have new email addresses

President: president@plsa.com.au

Vice President: vp@plsa.com.au

Public Officer: publicofficer@plsa.com.au

Secretary: secretary@plsa.com.au

Treasurer: treasurer@plsa.com.au

Assistant Secretary: assistantsecretary@plsa.com.au

Enquiries: enquiries@plsa.com.au