



PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC (PLSA). NEWSLETTER

Volume: 29

Month: June 2023

FROM THE PRESIDENTS DESK

Well, here we are almost halfway through the year and time is flying. A plea for help – we need more drivers for our Volunteer Driver Program which caters for seniors needing help to get to medical or therapy appointments. Requirements are a current driver's license, current car registration and current full comprehensive insurance.

Drivers are paid by PLSA, so if you are interested, please see Sheryl our Treasurer. Also, this month we are calling for nominations for Life Membership of the PLSA. Please feel free to ask any committee member for information about this award.

Nominees must be a financial member of PLSA. Remember, we post a copy of our newsletter on our web site so you should get an email telling you it is available and giving you the link. Those members without an email still have it posted out. We hope you are enjoying this lovely cooler weather of a morning as we are!

Also note the information regarding the Annual General Meeting - page 3 and the Christmas Lottery - page 4.

Marg Lee

President

SENIORS FORTNIGHT

REGISTRATIONS

Humpty Doo Golf Club

Wednesday 5th July

11:30am – 1:00pm

Litchfield Residents Only

Palmerston Shopping Centre (Target end of Shopping Centre)

Wednesday 12th July

10:00am – 1:00pm

We Love Volunteers

If you are interested in Volunteering your time to help our PLSA Committee with fundraising.

Please Contact Our Secretary:

Sally Howarth

secretary@plsa.com.au

Updating Contact Details

Updating your Contact Details is very important for good communication. When you receive emails from our secretary, can you please answer them so we know you have received it. If you have changed any of your contact details, please advise the Association: Email: secretary@plsa.com.au OR Telephone: 04091952 57

CONTACT DETAIL

Marg Lee	President	0438 430 237
Neville Driver	Public Officer	0455 660 026
Val Haydock	Vice President	0417 827 563

Sheryl Sephton	Treasurer	0439 342 400
Sally Howarth	Secretary	0409 195 257
secretary@plsa.com.au		



MORNING TEA

Our Morning Teas at **Cazalys Palmerston Club** are held on the **2nd and 4th Thursdays of the month between 10am and 12noon**. We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5) and we have Bingo that is played on the 4th Thursday, free of charge.

Cazalys Morning Tea dates are as follows:

Please Note: All dates for Morning Teas are on our Website.

Thursday	13th July
Thursday	27th July
Thursday	10th August
Thursday	24th August
Thursday	14th September

Taminmin Community Library

Seniors Morning Tea



10:30am – 12:00pm

70 Challoner Cct., Humpty Doo

(08) 89 881200

Morning Tea the 2nd Friday each month



HUMPTY DOO & RURAL AREA GOLF CLUB

MORNING TEA

Morning Tea at HDGC is held on the **1st Wednesday of each month between 10am and 12noon**. We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5).

Note: there is a Morning Tea in July before Seniors Fortnight Registration - so come along, enjoy yourself!

Come along and join us on Wednesday for morning tea at HDGC.

Sponsors

The PLSA will hand out a minimum of 7 prizes for each raffle at HDGC. The raffle prize value will be between \$120 - \$150 each morning tea.

Sponsors include:

- 1) Electorate of Nelson – 2 x \$15.00 Howard Springs Bakery Gift Vouchers.
- 2) Specsavers Oasis – 1 x \$25.00 a Gift Voucher
- 3) Humpty Doo Golf Club – 3 x \$20.00 Gift Vouchers
- 4) De Lago Resort 1 x \$25.00 Gift Voucher

In addition, the following sponsors are providing the PLSA with 1 Meat Tray per month supplied by Quality Meats Palmerston. These sponsors are:

- 1) Electorate of Brennan
- 2) Electorate of Blain
- 3) Electorate of Nelson
- 4) Electorate of Drysdale
- 5) Electorate of Spillett
- 6) No Hassalls Electrical (2/month)

Try and shop local – all of our sponsors are local businesses.

Annual General Meeting

The Annual General Meeting will be held on Friday 29 September 2023, commencing at 1:00pm at the Palmerston Recreation Centre.

The Committee is currently operating with only 14 volunteers.

The Association has two major Committees:

- **Management Team – 5 Members**
- **General Committee – 10 Members**

The Association Committees do need additional assistance as some folks are deservedly retiring.

All work undertaken directly benefits the Seniors of Palmerston and Litchfield.

Feel free to approach any of the “Blue Shirts” who can assist you with information and the relevant forms – come on, support our Association; without the Committees the Association will not continue to succeed!



PALMERSTON VOLUNTEER DRIVING PROGRAM (PVDP)

Do you have some spare time?

Do you have a Driver's licence?

Do you have a registered, insured and reliable motor vehicle?

Do you have a mobile phone?

If you answered YES to these questions.

The Palmerston Volunteer Driver Program needs MORE drivers, especially in the Rural area,

To drive Seniors to medical and hospital appointments, wait for them and then drive them home again.

If you can help, please phone

Sheryl Sephton on 0439 342 400





Movie And Morning Tea

Event Cinemas – Gateway Shopping Centre

If you check our website - plsa.com.au you will see that we have several events at Event Cinemas this year.

The next Movie & Morning Tea is Monday 21st August, commencing at 10am for morning tea, followed by the movie.

Catch up with Sheryl at Morning Tea.

We are required to have 50 people attending to secure the Vmax Cinema.

In 2023 the Members Fee is \$5.00 per head, whilst Non-Members are required to pay \$15.00 per head.

So, bring a friend, come along and enjoy the Morning Tea and Movie.

Christmas Lottery

Ticket Sales commence from Sunday 27 August. We will be selling tickets at Coolalinga, Oasis, Bunnings and Palmerston Shopping Centre.

Volunteers ticket sellers are **REALLY, REALLY NEEDED**, so please ring Janette Ashby on 0412 372 418 to step up and assist!

The Coolalinga roster is being organised by Helen Lemcke, so give Helen a call on 04209 807 390.

There are 7 great prizes and this is our only lottery for 2023. The funds raised go directly to events for our Seniors – [so why not give a hand!](#)

Marie-Claire Boothby MLA

Member for Brennan

Shop 2, Palmerston Shopping Centre
PO Box 32, Palmerston NT 0831
(08) 8999 5587
Marie-Claire.Boothby@nt.gov.au

 [MarieClaireBoothby4Brennan](https://www.facebook.com/MarieClaireBoothby4Brennan)



The start of the dry season has already seen some lovely cooler mornings which makes for activities more pleasant. In addition to when you see me at Cazalys Morning Teas, I also host free community BBQ breakfasts and pizza in the park evenings which everyone is welcome to attend. For more information about these events and when they're on feel free to reach out at any time.

I have a range of concerns and ideas raised with me often, too many to add into one paragraph of this newsletter, however I am always available to listen to you or provide you updates so please always feel free to make contact with me at my office at the Palmerston Shopping Centre, next to Target.





Hon Eva Lawler MLA – Member for Drysdale

Hello Palmerston and Rural Seniors

As Treasurer in the Northern Territory, I had great pleasure on the 9th May to deliver the Territory Budget. It was on the same day as the Federal Budget so was a big day for those that like to know about the economy and fiscal position of governments.

The Territory Budget was a fair budget, it was a budget that found the right balance between investing in the social and economic aspects of the Territory and it was a budget that looks after all Territorians.

In good news, Budget 2023 projects a surplus fiscal balance within the forward estimates period — that is, in 2026-27 — for the first time since the 2016 Budget. If achieved, this will also meet government’s objective of returning the budget to balance, two years ahead of the Fiscal Strategy Panel’s 2028-29 target.

Budget 2023 also anticipates there will be net operating surpluses from 2024-25 onwards, largely due to much-improved estimates of GST revenue. Upward revisions to GST revenue of \$923 million over the budget cycle to 2025-26 compared to the 2022 Budget have contributed to the return to surplus. An increase in GST is always something to celebrate.

Excitingly, Budget 2023 will see the biggest infrastructure program in the Territory’s history – a \$4.07 billion infrastructure program that includes \$2.24 billion for roads, aerodromes, jetties and barge landings. Great for jobs for Territorians and great for our economy.

The Australian Government and the Territory Government both have budget initiatives to keep utility prices tight as a way to manage cost of living pressures. The Territory Government increased utility tariffs by only 2.7% in 2022-23; and we will only increase utility tariffs by the same rate in 2023-24 — in both cases, far below the level of inflation and the increased costs of supplying power. In the Northern Territory all Territorians utility bills are subsidised with a Community Services Obligation of \$161 million in 2023 – 2024.

Also, the Territory and Australian Governments have a co-funded *Energy Bill Relief Rebate*, which will see approximately 55,000 customers in the Territory paying less for their electricity in 2023-24 compared to 2022-23. If you are a concession card holder you will receive a benefit from the Energy Bill Relief Rebate.

In the budget there is \$40.6 million for Northern Territory Concession and Northern Territory Seniors Recognition schemes and the National Energy Bill Relief Program that deliver concessions on a range of essential goods and services to help reduce the cost of living. Call in to my office at Gateway Shopping Centre, pop in to the Palmerston Markets on a Friday night or call my office on 8999 5397 if you would like to get in contact with me. Enjoy our beautiful Dry this year





What a huge start to the year it has been, I cannot believe that we are already halfway through 2023. My team and I have been very busy with Pizza in the Park's, BBQ breakfasts, Toad Busts, Palmerston Markets, and most recently I was very fortunate to also be a part of the Italian Festival and Barra Nationals.

Thank you to those that have reached out to me about local issues, I really enjoy working with the community. I have recently received some updates in regards to those queries raised with me:

- The Lake between CDU and Packard Avenue in Durack Heights will be cleared of Salvinia within the month. This lake is the responsibility of CDU and they have advised specialised machinery is on the way from QLD.
- The Bus stop along Zuccoli Parade down near Oatgrass Street is still not operational, however the Department of Infrastructure, Planning and Logistics (DIPL) have advised that they will look at alternate options for the seniors who live in this area.

My office is always contactable on 8999 6674 or email electorate.spillett@nt.gov.au or of course you can pop in to Shop 13A Zuccoli Plaza, Zuccoli.

Regards,

Lia

We are halfway through 2023 and the dry season is well and truly upon us. We have had some cold mornings and we've had some warm mornings.

One of the major issues many rural residences are talking to me about is the increase of crime in the rural area and the increase of the cost of living.

Crime is not normally a major concern for rural residents, however there have been many examples of crimes occurring in the rural area. It is important to report all criminal activity, no matter how small or trivial you think it is. Reporting crime allows the police to undertake intelligence work which will help them combat crime.

The cost of living is a relevant consideration for many seniors Territorians, with day to day items such as fuel, groceries and social events having the biggest increases. It's important that the Northern Territory Government work with all Territorians to keep the cost of living low.

I see that that your Association has released its Seniors Fortnight Program for August 2023, there are lots of great events to be had and I encourage you all to read through the program and attend as many as possible.

Gerard Maley MLA
Member for Nelson



MAJOR SPONSORS



city of
PALMERSTON 'A Place for People'



LITCHFIELD COUNCIL
Community effort is essential

Northern Territory
Government



Darwin
FAMILY LAW

PALMERSTON
SHOPPING CENTRE

BUNNINGS
warehouse

CAZALYS
PALMERSTON CLUB
Making a Difference

HUMPTY DOO & RURAL AREA
GOLF CLUB

Specsavers

NO HASSALL'S
Electrical • Air Conditioning • Solar



De Lago Resort
ON LAKE BENNETT

OUT ON THE BLUE WITH
Arafura
Bluewater Charters
Specialists in bluewater reef and game fishing charters

EVENT
C I N E M A S

Blooms
THE CHEMIST

TWW
TOTALLY WORKWEAR
CORPORATE / INDUSTRIAL / SAFETY

Bakery

PALMERSTON
QUALITY
MEATS

PLSA Web Site

Visit the site – plsa.com.au You are able to view the Newsletter and check out our Events Calendar on the Website.

The Secretary will email everyone with a Link. Simply click on the Big Green button in the email with Download on it and open the Newsletter. **If you don't get the email for the Newsletter, please email me.**

For those people without an email address, don't panic, you will continue to receive a hard copy of the Newsletter in the post. Please if you do not receive the email CALL ME.

If you have any suggestions or updates for the web site, just contact Sally Howarth, our Secretary on secretary@plsa.com.au or 0409 195 257.

PLSA Management Team Members email addresses:

President: president@plsa.com.au

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