



PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC (PLSA). NEWSLETTER

Volume: 35

Month: November 2024

FROM THE PRESIDENT'S DESK

Welcome to our last newsletter for 2024. We have certainly had a very busy time lately! First of all the Annual General Meeting was held on Friday October 25 at the Palmerston Recreational Centre and well attended. All positions were declared vacant and the following nominated members were appointed:

Management Team

President -Marg Lee

Vice President / Public Officer – Neville Driver

Secretary – Vacant – Glenda Bradbury to fill in until resolved

Treasurer – Sheryl Sephton

Committee Members

Janette Ashby, Geraldine Crowhurst, Glenda Bradbury, Helen Lemcke(L), Diane Spicer(L), Jenny Segav, Gillian Marnell, Chris Murray, Glenda Reid, Maryke Lawton (L)

Congratulations and thank you to all appointees.

Sally Howarth continues as our Publicity/ Tech Officer and Trevor Miller as our Assets Manager.

We have our last movie morning coming up (Nov 18) and our Christmas Lunch (Dec 5). Christmas lunch is booked out but we are taking names on the waiting list. Our movie morning bookings are going well. Our Melbourne Cup lunch was a great success and there is a full report further on in the newsletter. To all our members a reminder last morning teas for 2024 - at Humpty Doo on Dec 4 and at Cazalys on Dec 12. Our first morning tea for 2025 will be on Jan 23 at Cazalys. Membership fees will be due again -no change -still \$30.

To all our members we wish you a Merry Christmas and a Happy New Year!

Cheers

Marg Lee – President



MORNING TEA

Cazalys Palmerston Club is the principal sponsor for our Seniors Morning Tea in 2024 at Palmerston.

The Morning Tea at **Cazalys Palmerston Club** is held on the **2nd and 4th Thursdays of the month between 10am and 12noon.**

We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5) and we play Bingo on the 4th Thursday, free of charge.

You do **not** need to be a PLSA Member to attend the Cazalys Palmerston Club Morning Tea – **so bring along your friends.** This event is free for all Seniors

Morning Tea dates are as follows:

Please Note: All the dates for Morning Teas are on our Website – plsa.com.au

10am – 12:00pm

28th November, 2024

12th December, 2024

23rd January, 2025

President – Marg Lee	0438 430 237	Public Officer – Neville Driver	0455 660 026
Vice President – Neville Driver	0455 660 026	Secretary - Glenda Bradbury	0447 019 778
Treasurer – Sheryl Sephton	0439 342 400	Publicity Officer – Sally Howarth	0409 195 257



HUMPTY DOO & RURAL AREA GOLF CLUB

MORNING TEA

The Humpty Doo & Rural Area Golf Club (HDGC) continue to support, Litchfield Seniors by running Seniors Morning Tea in 2024.

The Morning Tea at the **HDGC** is held on the **1st Wednesday of each month between 10am and 12noon.**

We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5).

You do **not** need to be a PLSA Member to attend the HDGC Morning Tea – **so bring along your friends.** This event is free for all Seniors.

Morning Tea dates at HDGC are as follows:
Please Note: All the dates for Morning Tea are on our Website – plsa.com.au

Wednesday 4th December
Wednesday 5th February

Come along, make new acquaintances, and join on Wednesday for morning tea at HDGC.

PALMERSTON TAVERN BISTRO

Seniors Christmas Lunch

5th December, 2024

Christmas Lottery Draw 2024

11:30am to 2:30pm



Movie And Morning Tea

Event Cinemas – Gateway Shopping Centre

If you check our website - PLSA.com.au you will see that we have at Event Cinemas this year.

The Movie & Morning Tea are as follows:

Monday 17th February, 2025

Commencing at 10am for morning tea, followed with the movie.

Catch up with Sheryl at Morning Tea.

We need 50 people attending to secure the Vmax Cinema. Non-Members are required to pay \$15.00 per head.

So bring a friend, come along and enjoy the Morning Tea and Movie.



MELBOURNE CUP LUCHEON



Wow! What a fantastic event it turned out to be! To all those members who dressed up with wonderful hats, fascinators and outfits, congratulations! To the winners again congratulations. A big thank you to the staff at Palmerston Tavern for their efforts -wonderful table decorations, horse balloons etc. It really made the day. A special thank you to two of our committee members -Glenda Bradbury and Helen Lemcke who rose to the occasion and did a wonderful job with running the sweeps. To the lucky winners -well done! Thanks to Glenda Reid for organizing the numbers and encouraging people to participate. The food was great and the bar was certainly kept busy with all the patrons enjoying liquid refreshments. I'm sure everyone went home tired but happy after enjoying a great time with fellow senior members of the PLSA along with 50+ club members and Probus members. We look forward to next year (maybe?)



PALMERSTON VOLUNTEER DRIVING PROGRAM (PVDP)

**The Palmerston Volunteer Drivers
Program will continue to support
Seniors in 2024 & 2025**

We have a dedicated body of drivers, who are **ALL** Volunteers and willingly give up their time to assist Seniors.

Please be aware that your contribution for the service has increased in 2024 to the following:

PLSA Members: \$20.00/trip
Non-Members: \$40.00/trip

Our drivers will provide you with a receipt upon payment of your contribution and will assist you where possible.

This service is delivered in conjunction with our partner, the Electorate of Brennan.

**If you need to book an
appointment, call our partner;
Brennan Electorate Office on
8999 558**



Marie-Clare Boothby MLA

Member for **Brennan**

Shop 2, Palmerston Shopping Centre
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(08) 8999 5587
Marie-Clare.Boothby@nt.gov.au

 MarieClareBoothby4Brennan



As we approach the Christmas season, I am looking forward to all of the Christmas cheer and spirit throughout the community.

My office is a drop off point for some organisations which help people at this time of year. You can drop off non-perishable items for Foodbank, and items for Operation Top End Secret Santa which distributes gifts to aged care homes across the Northern Territory. Please feel free to reach out if you would like any further information about items that can be donated.

There will be many Christmas activities around Palmerston and my office can also provide information for what's on.

I wish you a great festive season and look forward to a busy 2025.

Warm regards,
Marie-Clare Boothby MLA
Member for Brennan





After a busy dry season, we move into the quieter wet season time, but there is still quite a bit happening in Palmerston.

City of Palmerston Library recognised as the NT's first dementia friendly library

As we grow older, it's important that there are places that people feel safe, especially for those experiencing dementia themselves or family and friends of people with dementia. Dementia friendly places allow people to have places they can go which are calm, uncluttered and friendly places to visit. City of Palmerston library staff have undergone training to support people coming into the library with dementia and make it a more friendly and inclusive space for everyone.

Changes to opening hours of the Recreation Centre

The council has changed the opening hours of the Recreation Centre for members of the public without bookings. The Recreation Centre is now open to the public only from 8am to 10am on weekdays. Outside of these times, only people with scheduled bookings will be permitted into the centre. The change in opening hours allows some changes to be made. Soon there will be opportunities to book less formal meeting spaces in the foyer space of the Recreation Centre, offering more informal meeting places in our facilities, that don't require one of the larger community rooms.

Resignation of CEO Luccio Cercarelli

After nearly 7 years with the City of Palmerston, Luccio Cercarelli made the move to NTG as the CEO of Housing, Local Government and Community Development. A Palmerston local, Luccio dedicated a lot of his time to the council and residents, and will be missed. While recruitment of a new CEO is underway, we have appointed Amelia Vellar as our Interim CEO. Amelia has been the Deputy CEO for roughly 4 years and has a good knowledge of council's operations.

Christmas Wonderland

Once again, this year, a favourite of Palmerston residents and those living beyond is Christmas Wonderland. We will be offering 8 evenings of activities in Goyder Square, the library and Recreations Centre. After a couple of wet events, there is now a large marquee that is installed over Goyder Square to make it accessible even if it is raining. Again, we will be offering a sensory night with less flashing lights, loud noises and fewer people with sensory issues. And, of course the very popular Santa's Express will be there for a fun ride around Goyder Square. Keep a look out on council's website for more details.

I am looking forward to seeing you all at the PLSA Christmas Luncheon, and hope that you all have a great Christmas and Happy New Year.

Mayor Athina Pascoe-Bell

As we move towards the end of 2024, I would like to acknowledge the vital connections, activities and sense of belonging the Palmerston and Litchfield Seniors Association delivers to its members.

I have thoroughly enjoyed my interactions with PLSA members, and the committed group of volunteers that are the driving force behind the Association. Thank you all for making me feel so welcome, I am proud to say I am now a formal PLSA sponsor.



If I can be of assistance in any way, please feel free to reach out anytime.



**ANDREW
MACKAY**
Member for **GOYDER** MLA

 08 8999 6556
 electorate.goyder@nt.gov.au
 Shop4, Woolworths Shopping Centre, Coolalinga

Wishing you all a jolly Christmas and a happy 2025!





Specials for Seniors

TRADING HOURS:

Monday-Thursday: 9am-5pm

Friday: 9am-5pm

Saturday: 9am-4pm

Sunday & Public Holiday: 10am-2pm



Next Level Gym

Rosebery, Palmerston NT



PLSA Website

Visit the site – plsa.com.au

You will be able to view the Newsletter and Download it and check out our Events Calendar on the Website.

The Publicity Tech Officer will email everyone with the Link. Simply click on the Image in the email with Download on it and open the Newsletter, **If you don't get the email for the Newsletter, please email me.**

For those people without email address, don't panic, you will continue to receive a copy of the Newsletter in the post. Please, if you do not receive the email CALL ME.

If you have any suggestions or updates for the Website, just contact Sally Howarth, our Publicity Tech Officer publicitytechofficer@plsa.com.au or Call 0409 195 257.



Palmerston And Litchfield Association Inc

Committee Members Contact Emails

President: president@plsa.com.au

Vice President: publicofficer@plsa.com.au

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Secretary: secretary@plsa.com.au

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