



PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC (PLSA). NEWSLETTER

Volume: 39

Month: November, 2025



PLSA UPDATE

Greetings to all our members. This is the last newsletter for 2025. Our AGM has been held, and it is pleasing to note that all positions have been filled. Thank you to all who nominated and although if not elected we appreciate your willingness to stand. The results are as follows:

President – Neville Driver

Vice President – Janette Ashby

Secretary – Val Wilkie

Treasurer – Sheryl Sephton

Public Officer – Neville Driver

Committee Members – Gerry Crowhurst, Glenda Bradbury, Glenda Reid, Diane Spicer, Helen Lemcke, Maryke Lawton, Gillian Marnell, Chris Murray, Jenny Segav and Christine Cardow.

Life Memberships were awarded to Marg Lee (retired President), Sheryl Sephton and Janette Ashby. A 10-year Service Award was presented to Gerry Crowhurst.

Dates to remember - Christmas Lunch **Thursday 11 December 2025** and Cazalys Morning Tea recommences on **Thursday 22 January 2026**

Humpty Doo Golf Club Morning Tea recommences **Wednesday 4 February 2026**.

Wishing all members a great, happy and safe Festive Season.



President – Neville Driver	0455 660 026	Public Officer – Neville Driver	0455 660 026
Vice President – Janette Ashby	0412 372 418	Secretary – Val Wilkie	0407 155 639
Treasurer – Sheryl Sephton	0439 342 400	Assistant Secretary – Glenda Bradbury	0447 019778



MORNING TEA

Cazalys Palmerston Club is the principal sponsor for our Seniors Morning Tea in Palmerston.

The Morning Tea at **Cazalys Palmerston Club** is held on the **2nd and 4th Thursdays of the month between 10am and 12noon.**

We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5) and we play Bingo on the 4th Thursday, free of charge.

You do **not** need to be a PLSA Member to attend the Cazalys Palmerston Club Morning Tea – **so bring along your friends.** This event is free for all Seniors.



MORNING TEA

The Humpty Doo & Rural Area Golf Club (HDGC) will continue to support, Litchfield Seniors by running Seniors Morning Tea again in 2026.

The Morning Tea at the **HDGC** will be held on the **1st Wednesday of each month between 10am and 12noon.**

We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5).

You do **not** need to be a PLSA Member to attend the HDGC Morning Tea – **so bring along your friends.** This event is free for all Seniors.

Morning Tea dates at HDGC are as follows:

Please Note: All the dates for Morning Tea are on our Website – plsa.com.au

Wednesday 03 December 2025
Wednesday 04 February 2026

Come along, make new acquaintances, and join us on Wednesday for morning at HDGC.

Membership

Membership fees for 2026 will remain the same - \$30.00 due as of 01 January 2026. Before you ask, YES, you are required to complete a new form each year!

Thank you to the many members who renewed their membership in 2025 and those new members who joined the PLSA. It is great that we have in excess of 250 members.

It is surprising how many people change their phone number, email address and especially the emergency contact. Remember to keep your information current, it is really important that should an incident occur at an event, the PLSA has current Information with regards who to contact if necessary.

Membership Application forms can be downloaded from our web site or obtained at morning teas and can be renewed at the following places:

- ✓ Cazalys Morning Teas (2nd and 4th Thursday every month)
- ✓ Humpty Doo & Rural Area Golf Course Morning Tea (1st Wednesday each month)
- ✓ 50+ Club (every Tuesday)
- ✓ Palmerston Community Wheel (each Saturday at Palmerston Shopping Centre)

Remember to keep your information current IT IS IMPORTANT!





Movie And Morning Tea

Event Cinemas

Gateway Shopping Centre

If you check our website - plsa.com.au you will see that we have had many events at Event Cinemas this year and again next year.

The next Movie & Morning Tea will be as follows:

Monday 16th February 2026

Commencing at 10am for morning tea, followed with the movie.

Catch up with Sheryl at Morning Tea.

We need 50 people attending to secure the VMax Cinema. In 2026 Member attendance fee will continue to be free, whilst Non-Members are required to pay \$15.00 per head.

So, bring a friend, come along and enjoy the Morning Tea and Movie.



PALMERSTON VOLUNTEER DRIVING PROGRAM (PVDP)

The Palmerston Volunteer Drivers Program continues to support Seniors in 2025/26.

We have a dedicated body of drivers, who are **ALL** Volunteers and willingly give up their time to assist Seniors.

Please be aware that your contribution for the service in 2026 is as following:

PLSA Members: \$20.00/trip

Non-Members: \$40.00/trip

Our drivers will provide you with a receipt upon payment of your contribution and will assist you where possible.

This service is delivered in conjunction with our partner, the Electorate of Brennan.

If you need to book an appointment, call our partner; Brennan Electorate Office on 8999 5587





'A Place for People'

City of Palmerston's extensive dry season event calendar has ended, however, there are still some fantastic activities to participate in, especially as we head towards Christmas.

Information Hub at the Library

The Palmerston Library hosts an Information Hub at the library. Coming up on Thursday 11 December, 10am to 12pm, is Neighborhood Watch, and on Thursday 18 December, 12pm to 2pm is APM Communities who deliver Local Area Coordination services as part of the NDIS. If you require information on these services, please drop into the library.

Christmas Wonderland

Our favourite festive event is back from 16 to 23 December, 5pm to 9pm, with the low sensory evening on 15 December. While the favourites such as the Polar Express train and Santa's Grotto are back, there will also be some new elements added to this year's event.

There will be a new activity at the Elf's Workshop each night, such as making your own snow globe, Christmas magnet, and decorating your own Christmas hat, plus different entertainment each evening, including local artists, school groups and community groups adding to the Christmas spirit.

Library Christmas Program

Christmas Craft Week activities are occurring in the library from 10am, Monday 15 to Friday 19 December:

- Monday Movie – The Nutcracker & the Four Realms
- Tuesday – Christmas Sand Art
- Wednesday – Christmas picture frame
- Thursday – Christmas bauble weaving demonstration
- Friday Flick – A Boy Called Christmas.

Have a safe Christmas and New Year, and we will see you all again in 2026!

Mayor Athina Pascoe-Bell



I cannot believe Christmas is just around the corner, this year has flown by, and I am sure 2026 will be just the same.

Are you a sporting enthusiast?

Alice Springs Masters Games

The twelve-month countdown to the 2026 Alice Springs Masters Games has commenced. From 10–17 October 2026, the Masters Games will return to the Red Centre with more than 25 sports, including the return of swimming and the debut of Pickleball. Celebrating 40 years since its inception in 1986, the first 400 participants can register for just \$40 - saving \$59 on the standard fee. For more information visit: <https://alicespringsmastersgames.com.au/>

Please don't hesitate to reach out if you have any issues or concerns. I can be contacted on 8999 6674 or email electorate.spillett@nt.gov.au or, of course, you can pop in to Shop 13A Zuccoli Plaza, Zuccoli. My office will be closed over the Christmas period from the 22nd of December 2025, re-opening on the 5th of January 2026.

Wishing you a safe and festive season,

Lia



Matthew **KERLE** MLA

Fighting for you!

MEMBER FOR **BLAIN**



As the year draws to a close, I would like to take this opportunity to thank the committee and members for a fantastic year! The hardworking committee does a superb job organising events and programs that support and connect Palmerston and Litchfield seniors — well done! I look forward to seeing you all at the last few morning teas and hope you enjoy a delicious PLSA Christmas lunch.

For those heading off before the end of the year to visit loved ones, I wish you safe travels and a wonderful festive season, and I look forward to seeing you back in the new year. The ever-popular and very delicious Lions Christmas cakes will be for sale at the Blain Office, Oasis Shopping Village, from December — remember to bring your cash or coins. We are also a collection point again this year for *Operation Secret Santa Aged Care NT* (www.facebook.com/SantaTopEnd) and are more than happy to pass on any donations you wish to make. Volunteers will begin packing from the last week of November at the CWA.

Office closure - the last day for the Blain Electorate Office will be **Friday, 19 December**, and we will reopen on **Monday, 5 January 2026**.

Merry Christmas from me, my family, and the Blain office staff!

Matthew Kerle





It is that time of year, coming into the wet season, and there are many things you can do to improve your home and personal safety in the event of a cyclone.

Take the time now to prepare for emergencies by:

- Completing a household emergency plan
- Making a household emergency kit
- Prepare a first-aid kit
- Log on, call up, tune in and listen out

You can also visit the Northern Territory Emergency Services website for more information

<https://pfes.nt.gov.au/emergency-service>

For Information on power or water outages as a result of storms or cyclones etc refer to the Power and Water

Website. www.powerwater.com/customers/safety-and-emegencies

If the situation is highly dangerous, such as a powerline on the ground or another threat to public safety from damaged infrastructure, contact Power and Water immediately on the emergency line 1800 245 090.

Below are also some handy numbers to have for assistance:

NT Emergency Services (floods, storms, cyclones) (non-emergency): 132 500

Police (non-emergency): 131444

Police, Fire, Ambulance (emergency): 000

Fire assistance line (non-emergency): 08 8999 3473

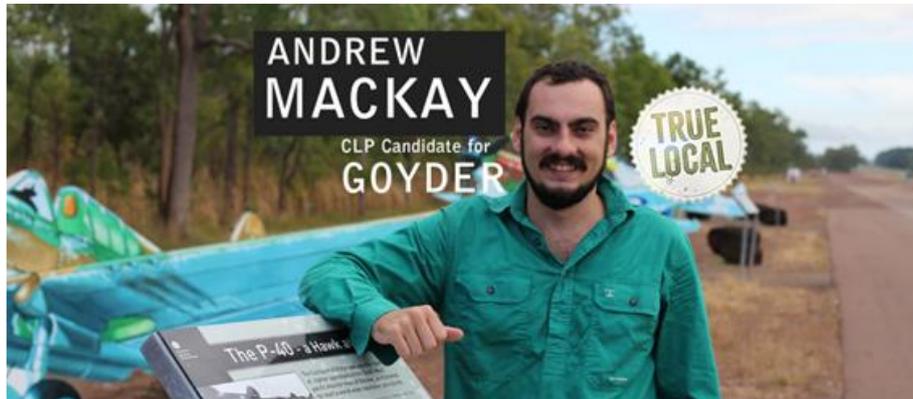
Leading up to Christmas there will be many festive activities going on, and the City of Palmerston are again holding their Christmas Wonderland event at Goyder Square from the 16th to 23rd of December. This is a wonderful event to enjoy yourselves or take the grandkids.

As always, if you have any questions or concerns feel free to contact my office any time on 8999 5587 or electorate.brennan@nt.gov.au , or pop in for a chat.

I wish everyone a safe and happy Christmas and New Year.

Marie Clare Boothy
Brennan Electorate





Hello Everyone,

I am writing this message having just returned from PLSA's November monthly gathering at the Humpty Doo Golf Club, a little down on numbers today, perhaps following a rambunctious Melbourne Cup luncheon the day prior. The low numbers meant better odds for those that were there to win a raffle prize – but somehow, I still wasn't a lucky winner! I enjoyed catching up and sharing stories of my growing home zoo with those that were there and I am looking forward to hearing the announcement of the new PLSA Committee following the Annual General Meeting.

No doubt we've all noticed the weather heating up, with much of the rural area being under Severe or Extreme Health Warnings of late it is important we take action to avoid heat stress and dehydration. Some useful tips to help beat the heat include:

- drink plenty of fluids - 2 to 3 litres of cold/iced water per day.
- wear lightweight and light-coloured clothing and wide-brimmed hat.
- apply SPF 50+ sunscreen.
- stay cool indoors - use curtains, shutters or awnings to keep the sun out, if you don't have air conditioning, use fans and damp towels.
- have cold showers or a bath.
- visit air-conditioned buildings like the cinema or library.
- limit physical activity – especially through the hottest part of the day from 11am to 3pm.
- know the signs of heat stress and check in with family, friends and neighbours.

It is hard to believe Christmas is just around the corner, with festivities soon to be in full swing, which for many of us means eating, drinking and being merry! The Rural Carols by Candlelight is fantastic community event and this year it will be held on Saturday 29 November at the Bees Creek Primary School from 6pm. While Christmas fills some with joy, it can also be a hard time for many people for a variety of reasons. Please make sure you reach out if you are feeling isolated or need assistance during this time.

My electorate office is in Coolalinga (on the Woolworths side), please pop in and have a cuppa and a chat if there is anything my team can help with. If you can't make it in for a visit you can contact us on 8999 6556 or electorate.goyder@nt.gov.au.

Andrew Mackay
Member for Goyder

2025 SPONSORS



PLSA Website

Visit the site – plsa.com.au

You will be able to view the Newsletter and download it and check out our Events Calendar on the Website.

The Publicity Tech Officer will email everyone a Link. Simply click on the image in the email with Download on it and open the Newsletter. **If you don't get the email for the Newsletter. Please email me.**

For those people without an email address, don't panic, you will continue to receive a copy of the Newsletter by post. Please, if you don't receive the email the email CALL ME.

If you have any suggestions or updates for the Website, just contact Neville Driver, Public Officer on 0455 660 026 or publicofficer@plsa.com .

Palmerston And Litchfield Association Inc.

Committee members Contact Emails:

President: president@plsa.com.au

Vice President: vp@plsa.com.au

Public Officer: publicofficer@plsa.com.au

Secretary: secretary@plsa.com.au

Assistant Secretary: assistantsecretary@plsa.com.au

Treasurer: treasurer@plsa.com.au

Enquires: enquires@plsa.com.au