



PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC (PLSA). NEWSLETTER

Volume: 41

Month: June, 2024

PRESIDENT'S MESSAGE

How the year is flying along, first it was Christmas, then Easter and here we are thinking about Seniors Fortnight!

Seniors Fortnight program is out. What a wonderful fortnight of events. It's been a while since we went crocodile spotting on the Adelaide River and lunching at Corroboree Tavern – always a good day out.

We are always amazed by the generosity of our sponsors, and this year is no exception. The Special Seniors Fortnight raffle – 1st Prize donated by The House of Pearls, a wonderful freshwater pearl necklace, bracelet and earrings, RRP \$1,000 – surely worth being seen out and about with your pearls. A wonderful thankyou you to Lisa.

The City of Palmerston Seniors Day – High Tea, including the Andrew Sister Tribute Show on Wednesday 12 August – now this is going to be a great afternoon.

Project Pink a wonderful High Tea is on Wednesday 17 June and if you are not registered for this event, catch up with Janette or Sheryl come along and support Breast Cancer.

The morning tea at Cazalys on Tuesday 28 July where special guest is Australian Senior of the Year 2026; Professor Henry Brodaty AO Dementia treatment pioneer.

Professor Henry Brodaty is transforming the diagnosis, care and prevention of dementia – improving countless lives, both in Australia and around the world. This event is partnered with the Australia Day Council.

I Was fortunate enough to attend the Bi-monthly lunch at Cazalys in May. There were 36 attendees (4 no shows) who enjoyed a wonderful lunch, well-presented and the staff were very welcoming. The atmosphere and table décor were most inviting. Thank you to Matt and his team.

Your Committee has been working hard to bring you diversified quality events. Any ideas you might have for events is always welcome. I am looking forward to Seniors Fortnight, catching up with members, sponsors and having a good old chat, look forward to seeing you soon.

NEVILLE DRIVER

President

REMINDER: DATES FOR SENIOR'S FORTNIGHT REGISTRATION

**WEDNESDAY 01 JULY: HUMPTY DOO
GOLF CLUB (11:30am-1:00pm) RURAL**

MEMBERS ONLY

**WEDNESDAY 08 JULY: PALMERSTON
SHOPPING CENTRE (10:00am-1:00pm) ALL
MEMBERS**

**AS PER PREVIOUS YEARS THERE IS A \$10
BOOKING FEE FOR SENIOR'S FORTNIGHT
REMEMBER: IF YOU HAVE BOOKED AND
CAN NOT ATTEND AN EVENT, RING
0455 660 026**

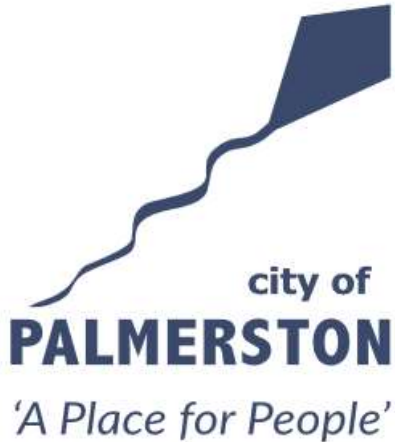
President – Neville Driver	0455 660 026	Public Officer – Neville Driver	0455 660 026
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The Dry Season has finally arrived, and City of Palmerston's events have well and truly kicked off. Our favourites have returned, such as Brekkie in the Park, Live at the Lake and Ficnics as well as new offerings for everyone.

- **The Craft Nest** our weekly adult craft group to enjoy cross stitch, diamond art, or bring your own craft, make new friends and unwind. Wednesdays from 10am to 12pm at the library.
- **Live at Lunch** offers live entertainment at Goyder Square every Thursday in June and July from 12-2pm, providing local entertainment and a selection of food vendors.
- **Afternoon Art Adventures** are Sunday sessions for art lovers occurring in the library on the last Sunday of each month, 2-3.30pm. These sessions are aimed for adults 18 and over.

Palmerston Youth Festival is returning from 4 July, starting with Geekfest Top End. These a full week of activities occurring. Activities are suitable for the whole family so everyone can take part.

Hooked on Palmerston has returned for another year of fun fishing in Palmerston lakes with the chance to win 2x \$200 BCF vouchers each month! The competition is open to all Palmerston residents. Register online, go fishing for Barra at one of out lakes, and if you are fortunate to hook a tagged Barra and submit it online, you go into the draw for the monthly prize. The competition has been extended to the end of January 2027, so there's plenty of time to catch a fish!

The full calendar of events can be downloaded from the council website, or you can pick up a hard copy at the library or Civic Plaza. And, as always, if you need council assistance, you can drop into the library or Civic Plaza, call Customer Service on 8935 9922 or email Palmerston@palmerston.nt.gov.au
Mayor Athina Pascoe-Bell

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The guest speakers at the Cazalys Morning Tea, Thursday 11 June were:

- * Mayor - Athina Pascoe-Bell
- * CEO – Andrew Walsh
- * GM Community – Konrad Seidl

It was great that members were updated regarding events and activities happening around Palmerston, including increased security at Gray Hall.

It was exciting to learn about programs and changes occurring with the Library – go up and have a gander!

Council also discussed the benefits of having your dog or cat microchipped – in the event that they were to stray, it is much easier to be able to return your family members to you.

To assist with microchipping the Council has provided the PLSA with a number of Microchipping Vouchers. Terms and conditions apply:

- 1) Voucher is valid for three (3) months from the date of issue.
- 2) Voucher cannot be exchanged for cash and can only be used once upon presentation to the Palmerston Pound.
- 3) Vouchers is non-transferrable.
- 4) One voucher per household.
- 5) Dog or cat must be registered with City or Palmerston to be eligible.
- 6) Voucher will be void upon expiry.

If you would like a free Microchipping Voucher provided by the City of Palmerston, please contact the President – Neville Driver on 0455 600 026.



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INFORMATION FOR OUR SENIORS - VAD

It's time for all NT MLAs to listen to NT voices and vote yes on voluntary assisted dying. COTA NT is calling on NT MLAs to listen to Territorians lived experience, vote with their conscience, and hear the voices of the people they represent – not outside interests. COTA NT is calling on Territorians – and the MLAs who represent them – to support voluntary assisted dying (VAD) ahead of an expected parliamentary vote. While no sitting date has been confirmed, NT Attorney-General Marie-Claire Boothby said in January that a mid-year vote is anticipated, making the coming weeks critical for Territorians to make their views known.

A yes vote would be the first step toward safe, compassionate VAD laws for the Northern Territory. COTA NT is urging Territorians to contact their local MLA so their voice is heard.

Every Australian state has passed VAD laws, and the ACT did so in 2024. The Northern Territory now stands alone as the only Australian jurisdiction without this right – an inequity many Territorians feel deeply.

The Federal Parliament did its part in 2022. Now it is up to the NT Legislative Assembly to honour that commitment and take the first step.

“Older Territorians have waited for years as people across Australia gained the right to choose how they die when facing a terminal illness. A mid-year vote would be the first real step toward legislation that is safe, considered and right for the Territory.” said Sue Shearer, CEO of COTA NT.

“We are asking MLAs to vote yes – to stand with their constituents and take the first step toward giving Territorians the same dignity, autonomy and compassion available to every other Australian. Polls, consultations, surveys and reports have consistently shown strong majority support for VAD in the Northern Territory. Territorians need their elected representatives to reflect that consensus by voting yes. It is not radical. It is basic equality.

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“I also urge every MLA to be open to discussions about dying – it is a part of living and people deserve the chance to shape that last chapter on their own terms. That is what VAD offers. That is what Territorians deserve. I know some MLA have sat down with Territorians who have lived experience – people who have watched a loved one suffer without the choices available in every other state. There can be no more powerful guide on how to vote than the lived experience of the people you represent.

“We know that lobby groups with interstate and international backing – including some religious organisations and conservative political bodies – have launched well-funded interference against VAD legislation for the NT, much as Peter Warren warned in his community presentation in April. I ask every MLA to be aware of this interference and to be transparent about the representations they receive on this issue. Territorians deserve to know whose voices their representatives are listening to.

“And to any MLA who has had reservations about this issue: I say, it is okay to change your mind. Liberal Senator Jane Hume once opposed VAD. Then her father was diagnosed with terminal cancer and accessed voluntary assisted dying in Victoria. Holding his hand as he died peacefully, in the manner and at the time he chose, changed her vote.

She said she had ‘walked a mile in another man’s shoes’ – and that experience gave her a clarity no argument alone could provide. Minds can and do change when they are open to the truth of what this is really about.

“I am asking every MLA to listen to their community, weigh the evidence carefully and vote yes for VAD legislation – yes for the equal rights of all Territorians.”

“The mid-year vote on voluntary assisted dying is a conscience vote and how each MLA votes will matter deeply to Territorians.”

COTA NT encourages every Territorian to contact their MLA in the weeks ahead. Share your story, your experience or simply your view. If the mid-year vote proceeds, your MLA needs to hear from you before that journey begins.

[Media release provided by COTA](#)

[For further information contact: Sue Shearer. Telephone 0408 987 751](#)

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Membership

As you may be aware, membership fees remain at \$30.00 for 2026. This is due largely to the level of sponsorship that the Association has been able to attract and continue to enjoy for Member's benefit – check the list of sponsors on the back page and we recommend supporting these business houses where possible – remember local business supports the Association and its members!

Membership can be paid at the Morning Teas - both at Cazalys Palmerston Club and the Humpty Doo And Rural Area Golf Club (HDGC).

In addition, forms and fees can be collected and paid at the Palmerston Community Wheel each Saturday morning between 08:30am and 12:00pm and the 50+ Club each Tuesday between 09.00am and 12:00pm

It's amazing the interest shown in the Association's activities - already over 200 members have renewed their membership.

YES, it is important to fill out a new form each year. It is astounding how many people over a year have changed details, like telephone number, email contact, emergency contacts.

There are a couple of new questions on the form this year. Data collected may be utilised by our sponsors to look at the dynamics of our membership and these changes were requested by our funding Sponsors.

So, assist the Committee by completing the form and your new membership card will be provided quickly and promptly.

It is desirable that renewal of your membership is paid by 31 April 2026. In the event of no renewal by this date, members will not be able to attend events until such times as the membership is paid.

Pick up a brochure – Membership Information and have a read. These are available from:

- 1) Local MLAs offices
- 2) Morning Teas
- 3) Palmerston Community Wheel
- 4) By asking a Committee Member
- 5) Downloading from the PLSA website - plsacom.au

REMINDER:

NO MEMBERSHIPS WILL BE TAKEN AT SENIOR'S FORTNIGHT REGISTRATION DAYS

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PINK HIGH TEA

What a fantastic morning.

Palmerston Tavern put on a delicious High Tea for our Members and Guests.
I can guarantee that no one went home hungry,
Over \$1,800 was raised for Breast Cancer.

Some of us were lucky enough to win some of the fantastic raffle prizes of hampers and gift vouchers.

Management is very disappointed in the 18 Members that did not turn up, and who did not notify anyone, even though they had booked for this function.
We hope this is not a trend for Seniors Fortnight.

**REMEMBER: PHONE 0455 660 026
IF YOU CAN NOT ATTEND ANY EVENT YOU HAVE BOOKED FOR.**



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SENIOR'S PERSONAL SAFETY WORKSHOP



FREE

**FREE WORKSHOP FOR
SENIORS & OLDER ADULTS**

PALMERSTON

- ★ PRACTICAL SELF DEFENCE
- ★ BUILD SKILLS & CONFIDENCE
- ★ SAFETY IN & OUT OF THE HOME
- ★ SUPPORTIVE LEARNING ENVIRONMENT
- ★ INTERACTIVE AND FUN

REGISTER

Scan the QR Code to register or contact:

nhwnt@nhwnt.org.au

0437 994 631



WORKSHOP DETAILS



THURSDAY, 25 JUNE 2026



9:00AM – 12:00PM



**PALMERSTON RECREATION CENTRE
11 THE BLVD, PALMERSTON CITY NT 0830**



Victims of Crime NT
supporting victims of crime

FOR MORE INFO VISIT:



www.nhwnt.org.au/personal-safety-workshops



Personal Protection Strategies
Specialised Programs
☒ Corporate ☒ Youth ☒ Women ☒ Seniors

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WOMEN'S PERSONAL SAFETY WORKSHOP



FREE

**FREE WORKSHOP FOR
ADULTS & OLDER TEENS**

PALMERSTON

- ★ PRACTICAL SELF DEFENCE
- ★ BUILD SKILLS & CONFIDENCE
- ★ SAFETY IN & OUT OF THE HOME
- ★ SUPPORTIVE LEARNING ENVIRONMENT
- ★ INTERACTIVE AND FUN

REGISTER

Scan the QR Code to register or
contact:

nhwnt@nhwnt.org.au

0437 994 631



WORKSHOP DETAILS

- FRIDAY, 26 JUNE 2026**
- 5:30PM – 8:30PM**
- PALMERSTON GOLF & COUNTRY CLUB**
UNIVERSITY AVE & DWYER CCT, NT 0830

FOR MORE INFO VISIT:

www.nhwnt.org.au/personal-safety-workshops



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MORNING TEA

Cazalys Palmerston Club continues to be a principal sponsor in 2026 for our Seniors Morning Tea at Palmerston.

The Morning Tea at Cazalys Palmerston Club is held on the 2nd and 4th Thursdays of the month between 10am and 12noon.

We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5) and we play Bingo on the 4th Thursday, free of charge.

Cazalys Palmerston Club supports our Seniors, through the provision morning tea. They also provide 3 x \$20.00 Gift Vouchers as raffle prizes at each morning tea.

So come along, not only at morning teas and enjoy a meal, enjoy events, support your local club.

You do NOT need to be a PLSA Member to attend the Cazalys Palmerston Club Morning Tea – so bring along your friends. This event is free for all Seniors.

Visit Cazalys Club: cazalysnt.com.au



MORNING TEA

The Humpty Doo And Rural Area Golf Club (HDGC) continue to support, Litchfield Seniors by providing Seniors Morning Tea in 2026.

The Morning Tea at the HDGC is held on the 1st Wednesday of each month between 10am and 12noon.

We run a raffle at each Morning Tea (tickets are either \$2 each or 3 for \$5).

You do NOT need to be a PLSA Member to attend the HDGC Morning Tea – so bring along your friends. This event is free for all Seniors.

Morning Tea dates at HDGC are as follows:
Please Note: All the dates for Morning Tea are on our Website – plsa.com.au

Wednesday 01 July

Wednesday 05 August

Wednesday 02 September

Come along, make new acquaintances, and join us for morning tea at HDGC.

Why not visit The Rusty Putter for a meal, support the Club or enjoy a round of Golf!

Visit Humpty Doo & Rural Area Golf Club

humptydoogolfclub.com.au

Please Note: All the dates for Morning Teas are on our Website – plsa.com.au

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Newsletters

For those people with internet access, our Newsletter will be available by checking our website – plsa.com.au.

Select Events, then select the Newsletter you are looking for.

Each Newsletter has a number and published date eg: Volume 41 June 2026.

As advised at morning teas, Newsletters will no longer be emailed to your email address. This is due largely to the string of complaints “I never got my Newsletter” – so this year for those with internet access, the Newsletter will be available from our web site – plsa.com.au.

Don't despair for those people without internet access/email address the Association will continue to print the Newsletter and post it to you – currently there are approximately 45 Members falling into this category.

Sponsorship

Please review the Platinum, Gold, Silver and Bronze sponsors listed on the back page of the Newsletters.

These business houses support the Association and our Members.

Wherever possible we recommend our Members support the businesses who support the Palmerston and Litchfield Seniors, for without these.

Members would not enjoy many of the activities and events that are made possible by the level of sponsorship.

In addition to the listed sponsors there are several partners also supporting the Association. These include:

- 1) Palmerston Rural Party Hire
- 2) Oasis Shopping Village
- 3) Friends Hair & Beauty Saloon
- 4) Unforgettable Nails
- 5) Arafura Music Collective
- 6) Journey Beyond
- 7) Electorate of Brennan (PVDP)
- 8) Electorate of Blain
- 9) Electorate of Drysdale
- 10) Electorate of Nelson
- 11) Electorate of Goyder
- 12) Electorate of Spillett
- 13) DICE (Aust)
- 14) Helping People Achieve (HPA)

All our partners believe in and support/contribute to Seniors of Palmerston and Litchfield by providing gift vouchers which are eagerly sought as prizes at the Morning Tea raffles.

As announced each Cazalys Morning Tea, sponsors/partners provide 18 prizes at the raffle draw and 9 prizes at the HDGC Morning Tea. Supporting our sponsors/partners is very important.

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Property Settlements Later in Life: What Seniors Need to Know

Relationship breakdowns can happen at any stage of life. For many seniors, separation or divorce comes after decades together and can involve complex property arrangements, blended families and retirement planning.

Understanding your rights under Australian family law is essential to protecting your financial security and peace of mind.

In Australia, property settlements are not based on whose name assets are in, but on what is just and equitable. This can include the family home, superannuation, investments, businesses, inheritances and even assets acquired after a relationship has broken down. Contributions made over a lifetime – including homemaking, caring for children and supporting a partner's career – are all recognised by the law.

For seniors, particular issues often arise, such as the impact of a settlement on retirement income, future health needs and estate planning. There may also be adult children to consider, or concerns about preserving assets accumulated over many years of hard work.

Obtaining early, tailored legal advice can make a significant difference. A clear understanding of your options can help reduce stress, avoid unnecessary conflict and lead to more efficient outcomes.

Darwin Family Law, a proud sponsor of PLSA, has experience assisting seniors with property settlements and related family law matters. Our team understands the sensitivities involved and can provide practical, compassionate advice to help you move forward with confidence.

Please contact us on 08 8946 1666 or at admin@darwinfamilylaw.com.au to make an appointment to speak with us.

Tessa Czislawski
Barrister & Solicitor – Partner
Darwin Family Law

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Seniors have long enjoyed free entry to the matinee performance of Taminmin College's annual theatre production. To continue this much-loved tradition, the Litchfield Community Library team has arranged a special opportunity for Seniors to attend the 2026 production of Shrek. Guests will also enjoy light catering and the chance to meet and chat with some of the show's star performers.



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Event Details

Musical Garden Party Date: Sunday 28 June

Location: Humpty Doo Community Garden

Plant Sale: from 3.00pm

Music: from 4.00pm

Includes: Cuppa + light refreshments

PLSA Concession: \$10

 **Musical Garden Party at Humpty Doo
Community Garden – 28 June 2026**

**Join Arafura Music Collective and the much-loved
Ukededoo Ukulele Strummers for a joyful Musical
Garden Party at the Humpty Doo Community
Garden on Sunday 28 June 2026.**

**This event is proudly presented as part of Arafura
Music Collective's partnership with the
Palmerston and Litchfield Seniors Association
Inc. (PLSA), supporting creative opportunities for
seniors across the region.**

**Enjoy afternoon tea before settling in under the
open sky for a relaxed mix of classics, jazz, and
easy-listening favourites performed by local
musicians and community friends.**

**Come along to celebrate community, melody, and
the simple joy of sharing music together.**

Bookings:

Tixs: trybooking.com/eventlist/Arafura

**Alternatively contact the following people regarding
tickets:**

Sabina Gonelli 0400 052 36

Claire Kilgariff 0401 119 108

Or email: arafuramusiccollective.org.au



**The Unbroken Thread was performed at Gray Hall,
Saturday 16 June 2026 and was enjoyed by an
audience of 50 or so people including eight (8) PLSA
Members. Guests included the Mayor – City of
Palmerston and Peggy Polias.**

**Congratulations to Claire Kilgariff and her
wonderful team of musicians – what a great
performance! Below is a little information regarding
the performance:**

About The Unbroken Thread

**Follow the thread as guests enter a space of
unfolding beauty and imagination in The Unbroken
Thread - a musical labyrinth of Myth, Identity and
Culture. This dynamic concert weaved music
inspired by Greek heritage into a shimmering
tapestry shaped by myth, history, philosophy and
memory.**

**It featured works by Telemann, Debussy, Ros
Bandt, Klearhos Murphy, and an acclaimed
Australian composer Peggy Polias, culminating in
the world premiere of her new work Eleni: The
Kalymnian Water Bearer.**

**The Glenti-season event honoured the enduring
influence of Greek culture on storytelling and
creative imagination.**

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PALMERSTON VOLUNTEER DRIVING PROGRAM (PVDP)

Movie And Morning Tea Event Cinemas

Gateway Shopping Centre

***If you check our website - plsa.com.au
you will see that we will have many
events at Event Cinemas throughout
the year.***

***The next Movie & Morning Tea will be as
follows during Seniors Fortnight
Monday 10th August 2026.***

***Seniors will be spoilt with the option of
two movies in Vmax 1 and Vmax 2
'Odyssey' (based on Homer's Odyssey)
and hoping for 'Holy Days'.***

***Commencing at 10am for morning tea,
followed with the movie.***

***Don't forget to fill in your Seniors
Fortnight registration sheet to book.***

***The Palmerston Volunteer Drivers Program
continues to support Seniors in 2026.***

***We have a dedicated body of drivers, who
are ALL Volunteers and willingly give up
their time to assist Seniors.***

***Please be aware that your contribution to
the service in 2026 remains the same as the
previous year and is as follows:***

PLSA Members: \$20.00/trip

Non-Members: \$40.00/trip

***Our drivers will provide you with a receipt
upon payment of your contribution and will
assist you where possible.***

***This service is delivered in conjunction with
our service partner, the Electorate of
Brennan.***

***If you need to book an appointment, call
our***

***Business partner; Brennan Electorate
[Office on 8999 5587](tel:89995587)***

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LIA FINOCCHIARO **MLA** Member for **Spillett**

13A Zuccoli Plaza, Zuccoli Parade
electorate.spillett@nt.gov.au
08 8999 6674



What a huge start to the year it has been, I cannot believe that we are already halfway through 2026. My team and I have been very busy with Pizza in the Park's, BBQ breakfasts and Palmerston Markets. Below are some updates on projects around Palmerston that constituents have raised with me.

KIRKLAND ROAD / WOODLAKE BOULEVARD INTERSECTION

I am pleased to announce that there will be a new roundabout constructed at the intersection of Kirkland Road and Woodlake Boulevard to improve road safety, traffic flow, and access for local residents of Durack. The tender process is scheduled to begin in August 2026, with construction expected to be completed by August 2027.

FARRAR WEST

The Larrakia Development Corporation are set to deliver Farrar West, a major new residential development on the fringe of the Palmerston CBD. A nine-year lease has been granted to enable the project, which forms part of the Kenbi Land Claim compensation package. Enabling works to the site, including power, water, telecommunications and sewerage services, are expected to be completed by mid-2027.

Following community concerns, I enquired and can confirm the project's green belts (between Farrar and the new Farrar West) will range from 20 to 75 metres in width, depending on the location. As the development progresses, it will undergo formal assessment under the Planning Act 1999, allowing public to submit formal feedback.

ROYSTONEA AVENUE

Traffic signals and pedestrian crossings are currently being installed at the Inverway Circuit and Roystonea Avenue intersection. Temporary road closures and traffic changes will be in place during construction, with traffic conditions monitored to minimise disruption. Work is expected to be completed by September 2026.

My office is always contactable on 8999 6674 or email electorate.spillett@nt.gov.au or of course you can pop in to Shop 13A Zuccoli Plaza, Zuccoli.

Regards

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PALMERSTON AND LITCHFIELD SENIORS ASSOCIATION INC (PLSA). NEWSLETTER

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MARIE-CLARE BOOTHBY MLA MEMBER FOR BRENNAN

Listening to you!



The 2026/2027 Territory Budget is focused on what matters most; safer communities, lower costs and a stronger future for Territorians.

We promised to make healthcare more accessible. You can now visit participating pharmacies for diagnosis and treatment of 21 common health conditions saving time, cutting costs and avoiding unnecessary trips to the doctor. This is about delivering better access to care, closer to home, while easing pressure on GP clinics and emergency departments.

We are proud to commit \$20 million in the 2026/2027 Budget toward vital community infrastructure in Darwin and Palmerston.

This plan focuses on upgrades to urban parks, playgrounds, footpaths, and community facilities to improve safety and accessibility.

This reinforces our commitment to the 'Restoring the Territory Lifestyle' showcasing why the Territory the best place to live, work, and thrive.

You can explore the full details of the budget at www.budget.nt.gov.au , and also highlights in my June Newsletter out now, or on my facebook page.

I have commenced my community BBQs and Pizza evenings for the year, keep an eye out for flyers in your letter box or on the community facebook pages for dates and locations.

I hope with the dry season now here, you can get out and enjoy our unique Territory lifestyle and the social activities Palmerston has to offer.

Regards

Marie-Clare

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Hello Everyone,

Well, we finally got to put our goggles and flippers away and pull out our cardigans as the long-awaited Dry Season has arrived! With the perfect weather comes a bumper calendar of events, I have already seen many of you out and about enjoying the Territory lifestyle and fabulous events like the Litchfield Rural Show.

Gerard Maley and I love spending time in the rural area, and PLSA's June monthly morning tea at the Humpty Doo Golf Club reminded us how important it is to gather and make vital connections to keep socially active. Great work to the PLSA committee, they have pulled together another impressive program of events to celebrate Seniors Fortnight in 2026, providing many more opportunities to gather and celebrate the privilege of reaching this stage of life. Many people have told me not to get old, but it is reassuring to see that it's not all about aches and pains – there is also lots of fun to be had!

A reminder that my electorate office is near Woolworths in Coolalinga, if you need anything, or you are just in the area grabbing a pizza from Dominos, your lotto ticket from the newsagency, chicken food from Saddleworld or chlorine from the pool shop pop in and say g'day! We'd love to see you and are happy to help any way we can!

The Masters Games return to Alice Springs in October this year, the goal of the Games is to encourage participation in sport throughout life with competition and camaraderie equally celebrated. Sports range from Darts to Tenpin Bowling, or for the super fit amongst us, Triathlons! If you are interested in registering as a sporting participant, team manager, volunteer or a 'Masters Mate' both the Nelson and Goyder electorate offices can help you with the process.

The Bill relating to Voluntary Assisted Dying (VAD) is scheduled to be introduced to the NT Parliament in the second half of 2026. As your rural team, Gerard and I would like to hear the views of as many Territorians as possible. We understand it is an emotive topic, but if you are comfortable discussing VAD please reach out to one of us and share your views.

Territory Day is on 1 July, it's a great opportunity to think about what being a Territorian means to each of us live lucky enough to live in this special part of the world. Enjoy celebrating all things Territory!

Andrew Mackay
Member for Goyder

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I hope everyone is well and enjoying the cool weather, I certainly am and taking the opportunity to do a blitz on Graffiti.

Graffiti has a significant impact on the whole community, not just on the owner of the property. I wish to outline how the City of Palmerston helps residents of private properties, such as yours, to remove graffiti from your home if you are a victim of vandalism. Graffiti not only has a financial impact on society but unnecessarily takes up the time and energy of those doing the right thing.

The City of Palmerston help residents of private properties to remove graffiti by providing one of the following options:

1. A free graffiti removal kit for residents.

These kits contain all the materials required to remove the graffiti and safety instructions on how to use them. The kits are available from the customer service at the Council Office in Civic Plaza, 1 Chung Wah Crescent, Palmerston; or

2. A one-off reimbursement for up to \$50 for the first incidence at your residence.

Contact City of Palmerston on information on obtaining your reimbursement.



Alice Springs Masters Games 10-17 October 2026

Looking for your next adventure? The 2026 Alice Springs Masters Games offers more than just sport—it's a chance to make memories, meet new friends and explore the spectacular Red Centre. With a wide range of sports, a vibrant social program and stunning local attractions, there's something for everyone. Whether you're competing, supporting or volunteering, join the fun and experience the unique camaraderie that makes the Games so special. Registrations close 11 September 2026.

The Blain office is here for you Monday–Friday, 9 am–4 pm. Reach out anytime at electorate.blain@nt.gov.au or 8999 5572.

Matthew Kerle

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CAZALYS PALMERSTON CLUB *Making a Difference*

Discover Cazalys Palmerston Club – A Great Place for Seniors to Enjoy

Cazalys Palmerston Club is a welcoming venue designed for locals to relax, socialise, and enjoy great value in a comfortable setting. Whether you're catching up with friends, enjoying a meal, or simply getting out and about, the club offers something for everyone — especially our seniors.

Seniors are warmly welcomed with a 10% discount across the club, including the café, bistro, and bar, making it even easier to enjoy a coffee, meal, or drink with friends. When visiting the Bottleshop, seniors also receive a \$1.50 discount on purchases, adding extra value every time you stop by.

The Bistro is open for lunch from 12:00pm to 2:00pm, offering a Seniors Menu for just \$15 per meal. It's the perfect option for a relaxed lunch, with quality meals served in comfortable, air-conditioned surroundings.

Cazalys Palmerston Club & Palmerton Golf and Country Club offers seniors a FREE 5-year social membership — simply present your valid Seniors Card to join and enjoy all the benefits of being a member. Speak to our friendly reception staff for further information.

For those who enjoy a bit of fun and gentle activity, mini golf at Palmerston Golf & Country Club is a great option for seniors. A special senior's rate is available, with games priced at just \$10 from Monday to Friday and \$12 on weekends, making it an affordable and enjoyable way to stay active, share a laugh, and spend time with friends or family.

With friendly staff, excellent value, and a relaxed community feel, Cazalys Palmerston Club is proud to be a place where seniors feel welcome and looked after.

We invite you to come along, enjoy the atmosphere, and make Cazalys part of your regular routine.



PALMERSTON
GOLF & COUNTRY CLUB
— NORTHERN TERRITORY —



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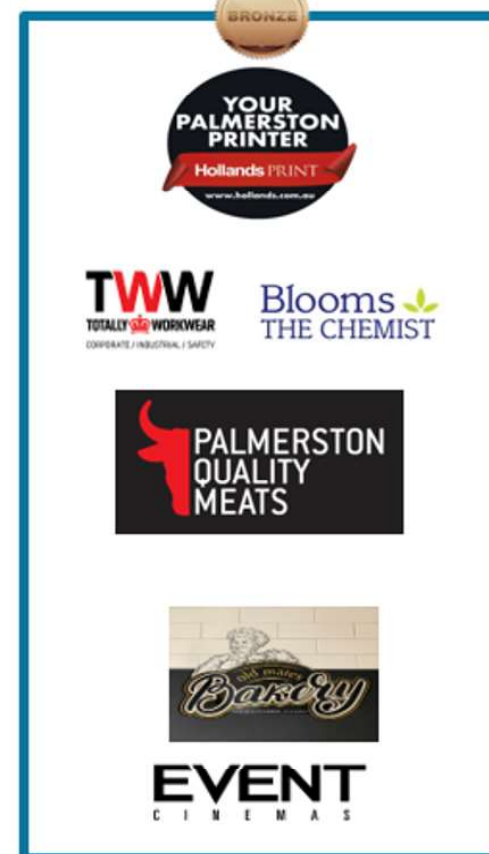
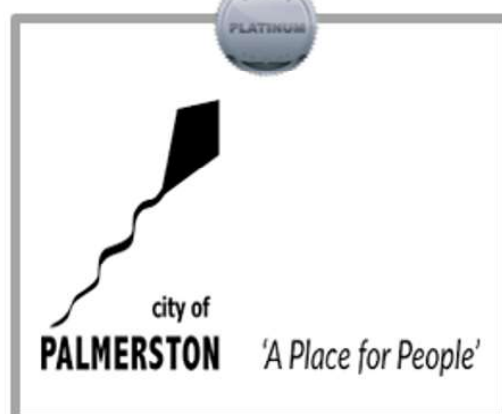


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SPONSORSHIP 2026



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Palmerston And Litchfield Association Inc. Committee members Contact Emails

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Vice President: vp@plsa.com.au

Public Officer: publicofficer@plsa.com.au

Treasurer: treasurer@plsa.com.au

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